

# PROJECTS FOR HAPPINESS

## 2017



### Application Form (Project No: 1731 )

#### Project leader Detail

Project Title: Autism is a Gift.  
 Project Leader: Muhammad Afiq Azizi bin Azman  
 Courses: Islamic Banking  
 University/Collage: University Technology MARA (UiTM), campus Johor (cawangan Segamat)

#### Banking Information for Fund Transfer

Treasurer/society name: Persatuan Islam Al-Falah, UiTM Johor (cawangan Segamat)

#### INTRODUCTION

According to Autism Society of America (2016), Autism spectrum disorder (ASD) is a complex developmental disability that affects a person's ability to communicate and interact with others and also well define as "*spectrum condition*" that affects the person's behavior. Normally, this disorder happens during childhood. The Centers for Disease Control and Prevention (CDD) (2014) claim that, about 1 percent of the world population has autism spectrum disorder. However, currently in Malaysia, there is no epidemiological data available on the prevalence of autism in Malaysia. But, a smaller scale study by the Ministry of Health on children between the ages 18 to 26 months showed a rate of 1.6 in 1000 children, or approximately 1 in 62512 (MOH,CPG: Management of Autism Spectrum Disorder in Children and Adolescents, 2014). Thus, in order to improve the outcomes of this disorder, awareness among parents should be increased. Besides, early diagnosis/intervention and access to appropriate services/supports should be done (Autism Society of America, 2016).

In this program, we would like to cooperate with occupational therapy's (OT) students from UiTM Puncak Alam, a Non – Governmental Organization Akademi Autism Insani and Association of Muslim Intellectual Generation (AMILIN). The target group participation in this program is parents with autistic children whom registered under Akademi Autism Insani and UiTM students. There are about 15 students will be handling this program. Five facilitators from 'Persatuan Islam Al-Falah', five from AMILIN and another five facilitators from UiTM Puncak Alam students.

#### PROJECT OBJECTIVES

General objective:

- To improve the quality of life of autistic individuals and families living with autism by helping them to be treated with the highest level of dignity, living in a society in which their talents and skills to be appreciated and valued.

Specific objectives:

- To create awareness among parents about the importance of early treatment in children with autism in order to prevent further complication.
- To increase awareness among university students about autism individual by providing knowledge and get them involved with autism children.
- To give financial support to autism foundation by collecting donation from society.

## Application Form (Project No: 1731 )

### Project leader Detail

Project Title: Autism is a Gift.  
Project Leader: Muhammad Afiq Azizi bin Azman  
Courses: Islamic Banking  
University/Collage: University Technology MARA (UiTM), campus Johor (cawangan Segamat)

### Banking Information for Fund Transfer

Treasurer/society name: Persatuan Islam Al-Falah, UiTM Johor (cawangan Segamat)

### ACTIVITIES AND TASKS

This program will be held 2 sessions

1<sup>st</sup> session will be indoor activities :

- Activity 1: Talk “The Importance of Early Treatment in Autistic Children and Ways in Dealing with them”
  - Speaker: Final year student from Occupational Therapy course, UiTM Puncak Alam will give a speech about autism.
  - Duration : 45 minutes Talk, 15 minutes Q&A
  - Objectives: To increase knowledge and awareness about autism among participants.
- Activity 2: Sharing moment with parents who have autistic children.
  - Method 1: Parents sit together in a circle and share their moments in dealing with autistic children. They may exchange opinions and knowledge in improving their skills in handling autistic children.
  - Method 2: Invite a speaker among parents who had already successfully raised up an autistic child as a motivation/ mentor. (also can be in a forum way)

2<sup>nd</sup> session outdoor activities :

- Activity 1: Awareness campaign
  - Parents and participants will perform an awareness campaign at street. Autistic children will also get involved with this campaign.
  - Objectives: to increase the awareness among our society about autistic children and to increase the confident level of parents whom having autistic children and also to encourage autistic children to be involve with society (increase their communication skill)
  - Awareness campaign thru our social media will also be performed in order to increase the awareness, especially among UiTM students.
- Activity 2: Fund Raising for Academy Autism Insani
  - This fund rising will be held thru out this program and the money collected will be given to Academy Autism Insani in order to support their financial.

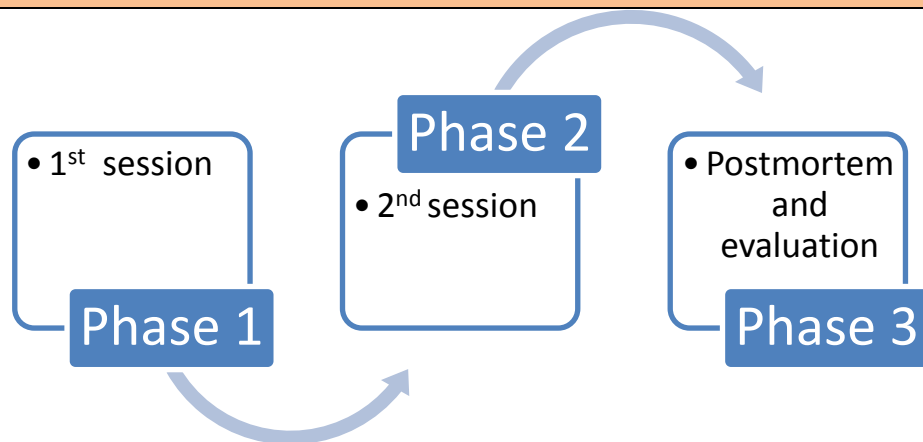
### PROJECTS BENEFICIARIES

- Increase the awareness about autism to public and recognize autistic to be accepted and valued in communities.
- This program will give moral support to parents with autistic children on dealing with them and encourage parents to keep motivated in raising autistic children.
- Donation will be defines as a foundation for autism foundation as according to a research by J Pediatr. (2014), *“The cost of supporting an individual with an ASD and intellectual disability during his or her lifespan was \$2.4 million in the United States and £1.5 million (US \$2.2 million) in the United Kingdom. The cost of supporting an individual with an ASD without intellectual disability was \$1.4 million in the United States and £0.92 million (US \$1.4 million) in the United Kingdom. The largest cost components for children were special education services and parental productivity loss. During adulthood, residential care or supportive living accommodation and individual productivity loss contributed the highest costs. Medical costs were much higher for adults than for children.”*

### EXPECTED PROJECT RESULTS

- Awareness among UiTM students and parents (participant) will be increased.
- Knowledge about autism will be increased among participants at least up to 70% measured by using pre and post questionnaire.
- A donation of at least RM 500.00 will be collected from society within 1 month of the autism awareness campaign.

### PROJECT TIMELINE



- Phase 1:
  1. Get approval and conformation from all the organizations involved.
  2. Meeting will be held, attend by all the organization involved to finalize on paperwork.
  3. Preparation and confirmation for the places and speaker who will involve in this program.
  4. Conformation of participants especially the numbers of parents and autistic children who volunteer to involve in our program.
  5. The 1<sup>st</sup> visit to the program will be done.

- Phase 2:
  1. 2<sup>nd</sup> meeting will be held in order to finalize the flow of the program.
  2. Preparation for all the technical settings.
  3. 2<sup>nd</sup> conformation will be made with participants involved (parents and their autistic child), whether they will join in this outdoor activities or not.
  
- Phase 3:
  1. Evaluation form will be distributed to participants to access the program.
  2. Postmortem will be made to improve this program.

## BUDGET

**TOTAL FUNDS: RM 10,000.00**

<b>Project Expenses (A)</b>			
Items	Price per head/piece	Numbers	Total
<b>DIRECT EQUIPMENT AND SUPPLY</b>			
Place (rent)	RM 100/day	2	RM 200.00
PA system (rent)	RM 100/day	2	RM 200.00
<b>MARKETING AND EVENT SUPPORT</b>			
Printing color	RM 0.50/pcs	100 pieces	RM 50.00
Printing black and white	RM 0.20/pcs	50 pieces	RM 10.00
Photocopy	RM 0.10/pcs	300 pieces	RM 30.00
Banner	RM 100/pcs	2 pieces	RM 200.00
Bunting	RM 100/pcs	5 pieces	RM 500.00
Button Badge	RM 2.00/pcs	200 pieces	RM 400.00
<b>STAFFING COST</b>			
Invited guest (speaker)	RM 150.00/head	2 person	RM 300.00
<b>MISCELLANEOUS</b>			
<u>Food</u> 1 <sup>ST</sup> day and 2 <sup>nd</sup> program <ul style="list-style-type: none"> <li>• Breakfast x 2</li> <li>• Lunch x 2</li> </ul>	RM 5.00/head  RM 10.00/head	40 person  40 person	RM 200.00 X 2 =RM 400.00  RM 400.00 x 2 = RM 800.00

• Tea time x 2	RM 5.00/head	40 person	RM 200.00 X 2 = RM 400.00
<u>Gift</u>			
• VIP	RM100.00/head	2 person	RM 200.00
• Participants + AJK	RM 15.00/head	40 person	RM 600.00
• Invited guest (speaker for Talk)	RM 50.00/head	2 person	RM 100.00
<b>TOTAL A</b>			<b>RM 4390.00</b>

<b>Student Expenses (B)</b>			
Items	Price per head/piece	Numbers	Total
<b>TRAVEL</b>			
Petrol (return x 2 times)	RM 100.00 (depends on the journey)	3 cars	RM 300.00 x 2 = RM 600.00
Toll (return x 2 times)	RM 50	2 cars	RM 100.00 X 2 = RM 200.00
<b>LODGING</b>			
Bus (2 <sup>nd</sup> day program)	RM 500.00	1	RM 500.00
<b>MISCELLANEOUS</b>			
None	-	-	-
<b>TOTAL B</b>			<b>RM 1300.00</b>

<b>Grand Total (A +B)</b>	
RM 4360.00 + RM 1300.00	<b>RM 5690.00</b>

**BALANCE: RM 4310.00**